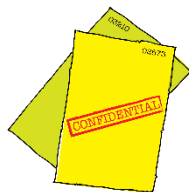


Who will know I'm doing this?

Your parent or carer and your teacher knows you are taking part. Our team of researchers will also know you are taking part. We will not tell anyone else – but you can if you want to!

We will tell your parent or carer about your answers to the questions. We won't share what you tell us with anyone else.



The only time we would have to talk to someone else about what you told us is if we thought you or someone else may not be safe. Then, we would speak to you before speaking to an adult - like your parent or your teacher.

What happens to what the researchers find out?

When we collect information from you we will keep it in a safe place and only the people doing the research, or helping with the research, can look at it.

Other people may look at the information we collect, but they will not know who the information is about.

Is this research ok to do?

Before any research is allowed to happen, it has to be checked by a group of people called a Research Ethics Committee. They make sure that the research is OK to do. This project has been checked by the Ethics Committee at the University of Oxford. Everyone working with us is allowed to work with children.

What if I have a question?

You can ask us any questions you might have and you can telephone or email us – we will be happy to talk to you.



identifying Child Anxiety Through Schools

iCATS Team

Chief Investigator:

Professor Cathy Creswell

Research Lead:

Dr Tessa Reardon

University of Oxford

Department of Experimental Psychology,
Anna Watts Building, Woodstock Road,
Oxford OX2 6GG

Website: www.i-cats.co.uk

Email: iCATS@psych.ox.ac.uk

Telephone number: 01865 618614



INFORMATION SHEET FOR CHILDREN [ETHICS REF R64592/RE001]

We work at the University of Oxford and we are doing some research. Your school is helping us with the research and we would like you to join in.

You can talk to us, your teacher or your family and friends before you decide.



What is research?

Research is a way to try to find out more about things. Research also helps us to find the answers to questions.

Why are we doing this research?

We want to find out about how children feel and what children worry about. We want to find the best questions to ask children about their feelings and worries. We also want to find the best questions to ask parents and teachers about children's worries.

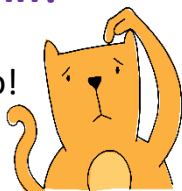
Why have I been asked?

We are asking you because your school said it was okay to ask all children in Year 4, 5 and 6. Your parent or carer also said it was okay to ask you.



Do I have to join in?

No, you don't have to if you don't want to! You can ask questions before choosing whether you want to join in.



You can change your mind at any time by telling us or your parent/carers or your teacher. You don't have to say why.

If you decide to stop, no one will be upset with you.



What will happen?

We will ask if **you agree** to take part



If you agree to take part, we will ask you to answer some questions at school. The questions will ask about how you are feeling and any worries you may have. It will take about 20-30 minutes. We asked your parent or carer similar questions, and we will also speak to your teacher or another adult at school.



On another day soon, we will come back to your school. We will ask you some more questions. This will take about an hour.

Will anything in the research upset me?

Some children feel upset when they answer the questions.

If you feel upset you can tell us about this. You can always take a break from answering the questions, talk to your teacher, or just stop taking part. It is completely up to you.

Will joining in help me?

Some children find answering the questions helps them.

The research may not help you. But we hope that what you tell us will help other children in the future.



What if there is a problem or something goes wrong?

If you are not happy because of something that happened in the research, please talk to your parent/carers or teacher who will let us know.